



**Kevin McConville Memorial Hogweed 10K Trot
Monday 21st May 2012 @ 7.00 pm**

Held under ARC Rules
ARC Race Licence No – 12/09

www.hogweedtrotters.co.uk

Certificate of Course Accuracy No – 03/351

Forename:		Surname:	
Age On Race Day:		Date Of Birth:	
Male/Female:	Email Address:		
Address:		Tel No inc STD:	
		Mobile Telephone No:	
Post Code:		Name of Affiliated Club: State if Unattached	
<p>DATA PROTECTION: The information you provide will be used solely for the purpose of race results, information and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed on to any other person or agency.</p>			
<p>DECLARATION: Please enter me for the Hogweed Trot 10K. I declare that I am medically fit to run and enter entirely at my own risk. I declare that I abide by the ARC rules. I do not hold the organizers or sponsors responsible for any injury, illness, loss or damage to me or my property in the course of, or in connection with, this event. I am over 15 years of age.</p>			
Signed:		Date:	
(parent/guardian for under 18s)			
Race Entry Fees:	Affiliated £6.00		Non Affiliated £8.00
Closing Date For Postal Entries 14 May 2012		£1 Extra On The Day	
<p>The entry form must be signed by the competitor, or parent/guardian. Please enclose a signed cheque payable to: "Hogweed Trotters" and large SAE to: Hogweed Trot Mrs. Rachel Bennett, Bennett House, Horton, Bristol, BS37 6QJ.</p> <p align="center">Race Director: Rachel Bennett</p> <p align="center">Telephone: 0797330 5308 or e-mail bennetthorton@aol.com</p>			

The race is held in memory of Kevin McConville a greatly missed member of the Hogweed Trotters who died unexpectedly in the Autumn of 2008.

Race HQ: Yate Town Football Club, Lodge Road, Yate, Bristol, BS37 7LE.
Toilets and limited changing facilities, including showers, are available.
Bar.
Baggage store.
Entries on the day.

The Course: A flat, fast course on quiet rural roads.

Entries On The Day: Entries on the day will be accepted.

Entries received by the 14th May 2012 will be posted out.

The Race: Start at 7.00 pm

The distance from the Race HQ to the start line, by the Fox Pub on Broad Lane, is approximately 200 metres.

Refreshments: The bar at Race HQ will be open after the race.

Race Awards: Presentation to commence at 8.15pm

Prizes one per runner.

Prizes to: 1st three men and 1st three ladies

1st LV 35 45 55 and 1st MV 40 50 60

Medals to all finishers

Spot prizes

Parking: There is ample parking at the race HQ, however, we request that runners car share if at all possible.

Baggage: There will be a facility to leave baggage at your own risk. The organizers and sponsors will not be held responsible for any damage or loss to your property.

Medical Support: Full Medical Support Provided