

HOGWEED HILLY HALF VI
Sunday March 14th 2010 at 10.30 am
Organised by Hogweed Trotters R R C

(www.hogweedtrotters.co.uk)

Horton Village Hall, Horton, South Gloucestershire, BS37 6QP

Limit: 350 (entries close 12th March or when limit is reached)

(All numbers and race information will be mailed after 1st January 2010)

The Course:

ARC race permit: ARC 10/07

Course Accuracy Certificate no. AV055/10

a challenging hilly course run on quiet rural roads

full medical support

water stations and accurate mile markers

Facilities at race HQ (Horton Village Hall)

sports massage

baggage store

limited changing and showers

parking within short walking distance

teas, snacks

hotel accommodation within easy reach of start

PRIZES

(One prize per runner)

Trophy's and Vouchers to:

1st Five Men and 1st Five Ladies

Trophy's to:

1st LV 35 45 55 60 and 1st MV 40 50 60 70

Spot Prizes.

Commemorative award and medal to all finishers.

Telephone enquiries: Bob Bell (Race Director) 01454 325886

or email: racedirector@hogweedhillyhalf.co.uk

Supported by



HILLY - Technical performance socks and accessories.
Tel: 0161 366 8207. WWW.HILLYCLOTHING.CO.UK

Sweatshop, David Lloyd Leisure Club, Greystoke Avenue,
Westbury-on-Trym, Bristol, BS10 6AZ
Tel: 0117 950 7788. WWW.SWEATSHOP.CO.UK

HOGWEED HILLY HALF VI
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Under ARC Rules

Surname: _____ **First name:** _____

Date Of Birth: _____ **Age on 14/03/10:** _____

Gender: (M/F) _____ **Affiliated: (Y/N)** _____

Club: _____

Address: _____

_____ **Post Code:** _____

Contact Tel No: _____

Email: _____

Please Circle: SM MV40 MV50 MV60 MV70 SL LV35 LV45 LV55 LV60

Estimated finishing time: H: _____ **M:** _____

Medical Information: _____

Entry fees: Affiliated club members £ 12.00

Unaffiliated £ 14.00

I declare that: I will be 17 years or older on 14th March 2010 and that I will abide by the ARC rules and enter entirely at my own risk. I do not hold the organisers or sponsors responsible for any injury, loss or damage I may sustain in the course of or in connection with this event.

Please tick the box if you do not want details stored on computer for results service to be passed on to a third party.

Signed: _____ **Date:** _____

The entry must be signed by the competitor. Please enclose a signed cheque payable to "Hogweed Trotters" and large SAE to:

**Entries Secretary,
Hogweed Hilly Half VI,
16 Grassington Drive,
Chipping Sodbury, Bristol, BS37 6HW**